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Austin ranked ninth-fittest large city in U.S.

Austin Business Journal by Vicky Garza, Staff Writer

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Vicky Garza

Staff Writer - *Austin Business Journal*

[Email](#)

Austin has been ranked the ninth-fittest large city in the U.S., based on data compiled by MapMyFitness Inc.

The Fittest of the Fit U.S. Cities and States rankings were determined by the fitness activities of 1.7 million MapMyFitness users in more than 2,500 cities.

The index will be updated monthly based on the self-reported runs, bike rides, walks, gym sessions and other calorie-burning activities recorded by registered MapMyFitness community members.

“By making this regularly updated data available to state and city governments, we hope it urges efforts to develop wellness programs, safe cycling routes, trail development and other incentives that will support active and healthy lifestyles in communities across the country,” said [Robin Thurston](#), co-founder of Austin-based MapMyFitness.

The top five large cities are Minneapolis, Denver, Atlanta, Pittsburgh and Seattle.

The top five states are the District of Columbia, Massachusetts, Colorado, Vermont and Oregon. Texas ranked No. 32.

A complete list of rankings can be found [here](#).

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